



**Dundas Valley School of Art**

*Recommended suppliers:*

[Mixed Media](#)

1058 King St. W., Hamilton, ON L8S 1L7. Phone: 905-527-2442

[Wyndham Art Supplies](#)

125 Wyndham St. N. Unit A, Guelph, ON N1H 4E9. Phone: 519-767-1317

[DeSerres](#)

2501 Hyde Park Gate, Oakville, L6H 6G6. Phone: 905-829-9181

**Instructor:** Lena Montecalvo

**Class:** Loosen Up With Watercolour – Next Steps

**Materials List:**

1. A nice red, blue, yellow, and Payne's Grey watercolour paint, preferably tubes, as well as a few more colours you'll be excited to use. No black or white necessary.
2. Paint palette/tray with wide spaces to accommodate larger brushes when we move on to larger works. If you already have paints in a small palette, and don't want to buy something new, a pie tin or something similar would work for our larger brushes, when we get there.
3. 140 lb (or heavier) cold press watercolour paper. I use Canson XL in class for demos, my own practice or for fun, but will use a higher grade like Arches, or Indigo (both are 100% cotton) for pieces I want to display/sell. A good mid-grade paper is Fluid, who make a 100% cotton paper but also a nice 140 lb regular cold press. Any of these will do! If you're new to this, start with Canson XL if you can. Please do NOT bring hot press paper to class as it doesn't work for loose painting. Any size from 8" x 10" to about 11" x 17" are fine for our first few weeks, until we graduate to larger painting.
4. A couple of larger 22-inch by 30-inch 140 lb (or heavier) cold press watercolour paper for later in the term, after you're comfortable painting loosely on your smaller sizes.
5. Cardboard or any firm art board, slightly larger than your paper size. Bring two or three, so we can work on more than one painting at a time. If you need time to find/order a larger board for the bigger paper, remember you won't need it right away so there's time to find what you need.
6. 1-inch wide masking tape. The wider the better – skinny tape will be problematic. Dollarama brand is more than sufficient for our needs.
7. Round size 10 or 12 watercolour brush
8. Round size 30 watercolour brush
9. Flat watercolour (or mixed media) brush, nice and wide for your larger pieces – say three or four inches in width.
10. Spray bottle
11. Fine felt-tip permanent pen for loose doodles, ie "Micron" in size .3 or .5, ideally. Micron is great but not imperative – a cheaper brand in PERMANENT ink in those sizes will do.
12. A Sharpie, or similar brand/size marker for larger doodles.
13. Masking fluid (a.k.a. frisket), preferably latex free – if you can't find it, we'll talk at our first lesson about where to find it and whether anyone has a latex allergy.
14. Black acrylic ink bottle with dropper – Liquitex or similar.
15. "Elegant Writer" calligraphy pen in black ink. Please be sure to buy the one IN THE SILVER BARREL which is dye-based, meaning it is water soluble. Another brand of calligraphy pen will NOT work.
16. Household paper towel roll

NOTE: Please contact me with your questions! We'll talk a lot at our first lesson about all these materials, so if you don't have everything right away, don't worry. You can email me directly at [lenamontecalvo@outlook.com](mailto:lenamontecalvo@outlook.com).