



## Dundas Valley School of Art

### *Recommended suppliers:*

#### [Mixed Media](#)

1058 King St. W., Hamilton, ON L8S 1L7. Phone: 905-527-2442

#### [Wyndham Art Supplies](#)

125 Wyndham St. N. Unit A, Guelph, ON N1H 4E9. Phone: 519-767-1317

#### [DeSerres](#)

2501 Hyde Park Gate, Oakville, L6H 6G6. Phone: 905-829-9181

**Instructor:** Lena Montecalvo

**Class:** Loosen Up With Watercolour

### **Materials List:**

1. A nice red, blue, yellow, and Payne's Grey watercolour paint, preferably tubes, as well as a few more colours you'll be excited to use. No black or white necessary.
2. Paint palette/tray
3. 140 lb (or heavier) cold press watercolour paper. I use Canson XL in class for demos, my own practice or for fun, but will use a higher grade like Arches, or Indigo (both are 100% cotton) for pieces I want to display/sell. A good mid-grade paper is Fluid, who make a 100% cotton paper but also a nice 140 lb regular cold press. Any of these will do! If you're new to this, start with Canson XL if you can. Please do NOT bring hot press paper to class as it doesn't work for loose painting. Any size from 8" x 10" to about 11" x 17" are fine.
4. Cardboard or any firm art board, slightly larger than your paper size. Bring two or three, so we can work on more than one painting at a time.
5. 1-inch wide masking tape. The wider the better – skinny tape will be problematic. Dollarama brand is more than sufficient for our needs.
6. Round size 10 or 12 watercolour brush
7. Round size 6 or 8 watercolour brush
8. Fan brush for OIL OR ACRYLIC, size 2 or 4. Please don't buy a watercolour fan brush as we need hard, natural bristles. If it feels like a makeup brush, it's too soft.
9. 1-inch flat watercolour brush
10. Spray bottle
11. Fine felt-tip permanent pen for loose doodles, ie "Micron" in size .3 or .5, ideally. Micron is great but not imperative – a cheaper brand in PERMANENT ink in those sizes will do.
12. A Sharpie, or similar brand/size marker for larger doodles.

NOTE: Please contact me with your questions! We'll talk a lot at our first lesson about all these materials, so if you don't have everything right away, don't worry. You can email me directly at [lenamontecalvo@outlook.com](mailto:lenamontecalvo@outlook.com).