



Dundas Valley School of Art

Instructor: Lena Montecalvo

Class: Mysterious Gouache!

Materials List:

Feel free to message me should you have any questions regarding this list or this class:

LenaMontecalvo@outlook.com

NOTE: Gouache paints are available as either tubes (the tubes work more like acrylic in that once dry, they set permanently and cannot be wet again to reactivate them on your palette), but are also available in a water-soluble, sometimes called "gelly" gouache that you definitely CAN wet to use again. Those ones often come in their own ready-to-use palette, that seals airtight. Choose what you prefer, and if these aren't readily available in stores, you may have to order them.

Please keep in mind that jelly gouache is not the best choice for wood, or canvas. It is best used on paper. If those are the paints you choose, please make sure you have a pad of 140 lb or heavier cold pressed watercolour paper.

If you are buying separate colours, please have at minimum:

Paints:

A red, blue, and yellow that you like as well as white

At least two or three other colours you'll be excited to use

Surfaces:

A primed/gessoed canvas or two, and/or canvas paper pad - NOT BIG. No larger than say, 9" x 12".

2 to 4 sheets of 140 lb **COLD PRESS** watercolour paper - and it does not need to be expensive.

Canson XL is a nice inexpensive choice. You might not want to use your decadent Arches paper for this day, if you use it.

If you like the look of oil paints and their capacity for rich, creamy blends, Yupo "paper" (a plastic sheet usually used for alcohol ink art) can be fun. Mineral "paper" is a sustainable option producing similar results. OPTIONAL, but probably my favourite surface for gouache, and recommended!

Watercolour paints (either tubes or in a palette) in red, blue, yellow, plus a couple other colours you'll be excited to use. NOTE: As this is a gouache workshop, please know I am happy to provide you with watercolour paints to use that day, if you'd rather not buy them in addition to your gouache.

Masking tape and a few boards to tape down your work

Brushes:

Round size 10 or 12 mixed media brush

Recommended suppliers:

[Mixed Media](#)

1058 King St. W., Hamilton, ON L8S 1L7. Phone: 905-527-2442

[Wyndham Art Supplies](#)

125 Wyndham St. N. Unit A, Guelph, ON N1H 4E9. Phone: 519-767-1317

[DeSerres](#)

2501 Hyde Park Gate, Oakville, L6H 6G6. Phone: 905-829-9181

Round size 6 or so mixed media brush

A mixed media "dagger" is a nice brush to have for leaves and pretty edges, but is not imperative. Mine is 3/4" in size.

Any other mixed media brush of your choosing. I like soft, rounded edges and tend to use mostly filberts and rounds.

"Taklon" bristles are perfect, synthetic, and not expensive, usually.

I don't use photo references typically, but feel free to bring any inspiring landscape, floral, or abstract photos.

